

"Our Home Is Water"

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ASA SWIMMING ASSISTANT TEACHER COURSE

In view of the fact that the ASA of Malta intends to revitalise and improve the courses it provides, it has become a satellite member of the UK's Institute of Swimming (IOS). The IOS is the largest training provider of aquatic sports qualifications, running the latest swimming teacher and coaching courses through continual professional development (CPD) seminars. This institute is also the sole provider of the UK's ASA coaching certificates, successfully training eight thousand teachers and coaches per year.

The ASA courses will incorporate new teaching and coaching methods in order to meet the IOS and international standards and will consist of three levels, namely:-

Level 1 - Swimming Teacher Assistant

Level 2 - Swimming Teacher

Level 3 - Qualified Aquatic Sports Coach.

With this new and improved advanced coaching course structure, Malta's level of aquatic sports will improve substantially. In fact, to develop the special skills needed for aquatic sports, a teacher has to inspire confidence and be motivated and knowledgeable, and only in this way can they obtain the very best out of their athletes. Athletes have diverse personalities, learning styles and interests across the different age groups and as such the teachers should use a variety of strategies such as "learning through play" thus stimulating curiosity and learning. We believe that the quality of the learning experience is highly dictated by the quality of the teachers and therefore, we feel that aspirant teachers/coaches have to be prepared in a more in-depth manner.















LEVEL 1 – SWIMMING ASSISTANT COURSE – BRIEF DESCRIPTION

This course is designed for anyone who is interested in starting a career in teaching swimming or wishes to assist a Swimming Teacher. This level is made up of a series of learning outcomes and assessment criteria. Assessment will be through the completion of a series of tasks set by the instructor and the purpose of such assessment is to ensure that effective learning has taken place and as such applicants will be given the opportunity to achieve the learning outcomes and assessment criteria.

To obtain this qualification the following must be achieved :-

- All learning outcomes
- All assessment criteria
- All evidence produced by the applicants must be their own and in English.

Assessment is made up of a series of components, namely :-

- a. Theoretical questions
- b. Observation record
- c. Review record

This level will not be graded but applicants will need to meet the requirements set by the instructor in order to obtain a pass. On completion of this level, successful applicants would have achieved the minimum recognised standard of competency to be a Swimming Assistant (Teaching) and can progress their career in a number of settings including private swim schools, local authority leisure centres, local aquatic clubs and youth and community groups.

Successful applicants may also wish to progress to the ASA Level 2 Swimming Teacher by attending the course which follows after some months.

LEVEL 1 - INSTRUCTOR

In order to maintain the IOS standard as well as improve upon Malta's own level of coaching, the ASA have engaged the services of Jenni May, one of the most experienced swimming teachers who has been working in this line of work for the past twenty-two years. Ms May is qualified to deliver both Level 1 and Level 2 of this course.



LEVEL 1 – REQUIREMENTS

All applicants must

- be 16 years old or older;
- have previous knowledge of the sport
- have a clean police conduct.

LEVEL 1 SWIMMING TEACHER ASSISTANT – INFORMATION

Course dates: as announced Duration: 21 hours total

Venue: ASA Boardroom, 2nd Floor, Tal-Qroqq Sports Complex, Gzira

Price: €420

All applicants who have attended previous ASA courses and are in possession of an ASA certificate will have the amount paid for such courses deducted from the above price. Applications will be accepted on a first come first serve basis.

Should the number of applicants exceed the maximum number allowed, additional courses will be held.

The ASA has held meetings with all relative authorities and is insisting that only individuals who have attended the abovementioned course and are in possession of a certificate issued by the ASA will be recognised teachers/coaches of aquatic sports in Malta. As such all previous certificates will no longer be recognised.

